



# COVID-19 GUIDELINES 2021

A photograph of a blue wooden sign with white lettering that reads 'CAMP MOSHAVA'. The sign is supported by two wooden posts and is set against a background of lush green trees under a clear blue sky. The top of a building's roof is visible in the lower right corner.

CAMP MOSHAVA

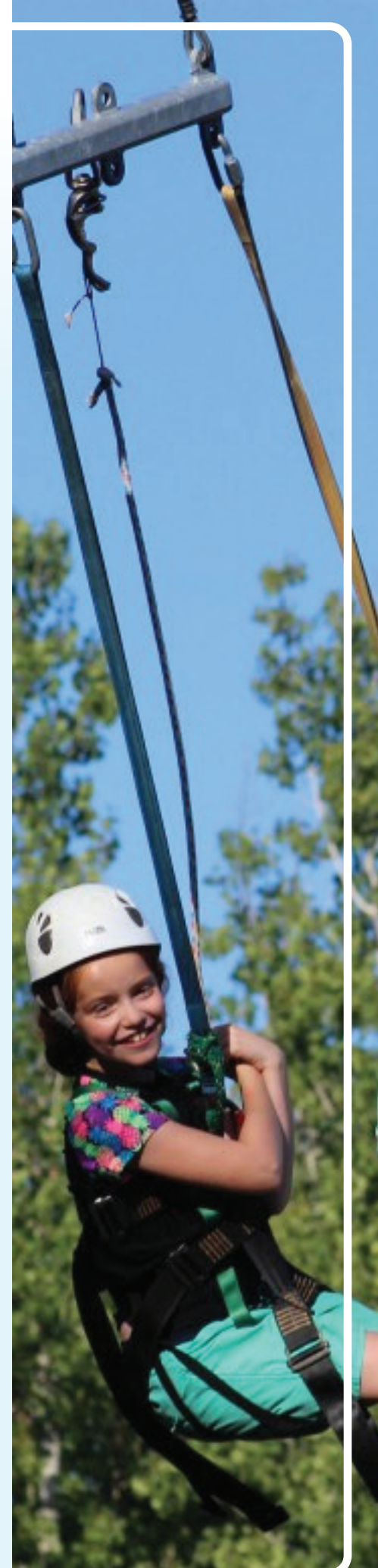
# GUIDELINES 2021

When the pandemic hit over a year ago, the world as we knew it was brought to a halt. Throughout the year we developed resilience, showed compassion and learned how deeply our actions impact others. However, we missed being with friends and family, we missed group Tefillah, and the much needed social interactions that are so important to healthy growth and development.

Summer camp provides both campers and staff with so many benefits such as a safe place to be together, and opportunities for personal growth, independence, self-confidence, self-expression, skill building and developing friendships. The value of camp is undeniable and this has pushed us to do everything in our power to make camp happen. Moshava 2021 here we come!

The health and safety guidelines below were developed in order to minimize the transmission of COVID-19 at camp and maximize success for a healthy and safe summer. The guidelines were developed based on Ministry of Health (MOH) directives, our Moshava medical committee as well as best practice.

Please note that this is a live document that will be updated when appropriate and necessary. All directives are subject to change by the Ontario government, Ministry of Health, and the medical committee as the situation evolves.





# TABLE OF CONTENTS

## Pre-Arrival Protocols Page 3

- Testing Prior to Camp
- COVID-19 Positive Prior to Camp
- Positive Test Results within 90 days prior to departure
- Positive Test Results Immediately Prior to camp

## Travel To/From Camp Page 4

- Arrival To Camp
- Departure From Camp

## Cohorting/Bubble Page 5

## Travel in and out of camp Page 5

## Out-of-Camp Medical visits and local staff Page 6

## Marp - Health Centre Page 6

- Daily Screening & Marp Triage
- Health Center Staff PPE

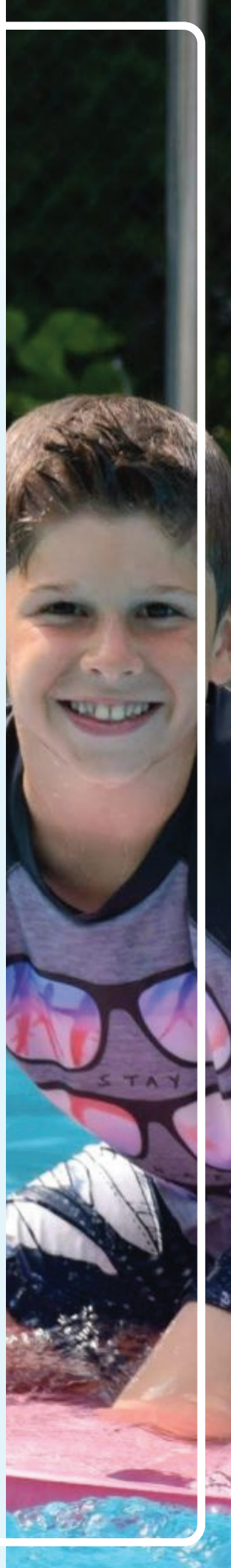
## Campers / Staff With Pre-existing Conditions Page 7

## COVID-19 Symptomatic Cases Page 7

- Communication with Parents:
- Primary Contact
- Refund Policy

## Camp Operation Page 8

- Masking/Social Distancing
- Dining Hall
- Activities
- Personal Hygiene & Cleaning / Sanitation
- Ventilation/Tenting
- Camper Support
- Parent Support
- Vaccination
- Staff Time Off
- Deliveries/Maintenance
- Visiting Day



# PRE-ARRIVAL PROTOCOLS

All campers and staff will be required to fill in a daily pre screening form as of 14 days prior to camp(via campdoc All individuals attending camp will be required to limit their exposure during that time to the greatest extent possible. All unmasked and non-distanced interactions with individuals outside your nuclear household must be avoided. Attendance at school is permitted. Attendance at gatherings will be strictly prohibited. In order to have the best chances of keeping COVID-19 out, it is essential that everyone takes all reasonable measures to adhere to these regulations. Your behavior will deeply impact the chances of our success to keep COVID-19 out of camp.

Anyone attending camp that is arriving from outside Canada must follow federal and provincial requirements and guidelines for quarantine, screening and testing prior to camp.

Vaccination is the best protective measure against COVID-19. We strongly encourage EVERY camper and staff member age 12 and up, to get vaccinated against COVID-19

## TETSTING PRIOR TO CAMP

EVERY staff member and camper -- whether vaccinated or unvaccinated -- will be required to have a COVID-19 PCR test administered before camp. In Ontario, PCR tests will be available for those attending camp at local pharmacies (details to follow). In Quebec, details to follow on PCR testing locations. Testing for campers, no earlier than Friday, July 2nd and for staff, no earlier than Sunday, June 27th. Results must be shown to the camp no later than June 29th for staff and by July 5th for campers. See detailed chart below.

The protocol for subsequent testing (both PCR and Rapid antigen) will be communicated in the coming weeks as per directives from the medical committee.

Rapid and PCR tests may be performed on anyone exhibiting COVID-19 symptoms throughout the camp season at the advice of the medical professionals.

## COVID-19 POSITIVE PRIOR TO CAMP

### Positive Test Results within 90 days prior to departure-

Any staff or camper that had COVID-19 within ninety days prior to the start of camp will need to report on CampDoc in the health profile section



## Positive Test Results Immediately Prior to camp-

If a staff/camper tests positive as a result of the test taken the week prior to camp, or if a member of a staff member or camper's household tests positive for COVID-19 prior to camp, please follow Ministry of Health and local public health quarantine guidelines. If this occurs, you will be given a number of a camp professional to contact for next steps.

GROUP	LIMITED EXPOSURE	PCR TEST	REPORT BY	CAMP ARRIVAL
PRE-PRE-CAMP STAFF	Monday, June 14, 2021	Wednesday, June 23, 2021	Friday June 25, 2021	Sunday, June 27, 2021
STAFF	Thursday, June 17, 2021	Sunday, June 27, 2021	Tuesday, June 29, 2021	Wednesday, June 30, 2021
CAMPERS	Wednesday, June 23, 2021	Friday, July 2, 2021	Monday, July 5, 2021	Tuesday, July 6, 2021

# TRAVEL TO / FROM CAMP

## ARRIVAL TO CAMP

In order to limit mixing of cohorts campers must be driven to camp by family members. If it is not possible to drive your own child(ren) to camp, campers may carpool with other campers in their cohort. We will provide the names of the cohort before June 23rd. The driver of the vehicle will be required to have a PCR test with a negative result prior to driving anyone other than their own children to camp. You will need to inform us of your transportation plans by June 23rd and we will send a form to fill. Arrival times will be scheduled in advance to avoid a build up of cars, and to give the individuals in each vehicle the attention that is needed. Luggage will be picked up by the camp in Montreal and Toronto. Details to follow.

## DEPARTURE FROM CAMP

Our goal by the end of the camp season is to be an established camp-wide cohort. As such, in accordance with the MOH regulations, we will hopefully be able to provide campers with bus transportation home.



# COHORTING / BUBBLE

The first 14 days of camp, campers and staff will be assigned to a designated cohort. Cohorts may not mix with other cohorts indoors or outdoors without proper health measures (a combination of two of these three measures- outdoors, masking or physical distancing).

Shower time and wake up will be staggered to avoid multiple cohorts being indoors at one time. Units or Eidot of multiple cohorts can join together for night tochniyot (activities), peulot or tefillah as long as they are using the 'mix and mask' rule.

Masks and distancing must be followed in any shared indoor spaces (e.g. wash-rooms, Beit Knesset, Chadar, etc.).

After 14 days, cohorts without any new individuals added or exposure to others outside their cohort are considered to be 'established cohorts'. Established cohorts will then be able to mix with other established cohorts without masking or physical distancing. Hand hygiene, cleaning and disinfecting will continue throughout the camp season.

Specialty staff working with more than one cohort must be at least two of the three - masked, distanced or outdoors when dealing with a cohort other than the one they are sleeping in.

We will continue to limit gathering multiple cohorts in indoor spaces throughout the camp season.

# TRAVEL IN AND OUT OF CAMP

While an airtight bubble is not feasible for a variety of reasons, our approach is to maintain a 'Controlled Campus' in order to prevent potential exposure and transmission within camp. We will have some staff that will be coming and going to and from our camp.

Cleaning staff, Kitchen staff, maintenance workers, medical staff and camp drivers will be allowed to enter and exit throughout the summer.

Screening & testing? for these individuals will be done throughout the camp season.



# OUT-OF-CAMP MEDICAL VISITS AND LOCAL STAFF

If a participant of camp must visit an outside clinic or emergency room, there must be a designated staff member for the entire encounter. If the child is with the staff member the entire time, and they both wear masks, observe appropriate social distancing, and visit a medical facility where strict COVID-19 related protocols are in place, they can return to their cohort(s) when they return. Rapid testing may be done 0-5 days later in camp. We will work with the local hospital to try to diminish any wait time and exposure.

All local staff that are coming in and out daily will be masked at all times and will not come in direct contact with campers. Cleaners will not enter a building when individuals are present. Kitchen staff will not come in contact with staff or campers outside of the kitchen. Medical staff and their families joining them for the week will be their own cohort and will not be able to mix with any other cohort in camp. They will need to have a negative PCR test prior to entering camp.

## MARP - HEALTH CENTER

While it is our hope that our pre-camp testing and mitigation strategies will prevent positive COVID-19 cases, parents should understand the (real) possibility that there may be campers and/or staff members who test positive for this virus mid-summer. Below are the policies and protocols surrounding our Health Center operation relating to COVID-19:

### Daily Screening & Marp Triage

Like any typical season, Camp Staff will be trained to monitor their campers' health and well-being throughout the summer. In addition, daily screening for COVID-19 symptoms will take place for all members of the camp community. Individuals who display symptoms of COVID-19 will be triaged in one of our outdoor Marp tents for further evaluation.

### Health Center Staff PPE

We have a full team of nurses, a doctor and medical assistants to care for our camp community. All staff in the Health Center will have access to PPE: masks, gowns and gloves, and face-shield or goggles. All surfaces will be wiped down and rooms cleaned between visits.



# CAMPERS / STAFF WITH PRE-EXISTING CONDITIONS

While filling out campdoc medical forms, pay special attention to provide details of any health issues that may mimic Covid symptoms. An example would be hayfever. We ask all campers / staff with pre-existing medical conditions to pay close attention to any symptoms that arise and report them immediately. Please note that we will NOT be allowing or giving any nebulizer treatments. Asthma medication must be via MDI(puffer). Finally, if there are specific concerns or situations we need to be aware of, please reach out to us ahead of time or have your physician contact us.

## COVID-19 SYMPTOMATIC CASES

COVID-19 symptoms (cough, runny nose) can often overlap with typical camp illness. We have a camp physician on site 24/7 and it will be at their discretion when a COVID test should be administered based on the symptoms of the individual. Here are the protocols if a positive case is confirmed at camp, weighing the risks and benefits involved in the unique setting of a controlled summer camp community:

### **Positive Camper / Staff-Member:**

If a member of the Camp Community tests positive for COVID-19 in camp, that camper or staff member will be immediately isolated in our designated isolation cabin and his or her primary contact (and parent, if different) will be contacted. All COVID-19 positive campers or staff members will be required to be picked up as soon as possible within a 24 hour window.

### **Cohort of a positive individual:**

If a cohort test positive for COVID-19, then public health will be contacted, for instructions on next steps for the rest of the cohort. There is a strong possibility that Public Health will require the entire cohort to go home and your child will have to be picked up. This will be approached on a case by case situation and Public Health will have the final say in how we approach anyone exposed to COVID-19 at camp.

If Public Health allows the exposed cohort to remain in camp, the cohort of a camper/staff member who tests positive will be isolated from the rest of the camp population for a period of 14 days while we monitor for symptoms. This cohort can still enjoy activities and meals together while keeping separate from the other camp cohorts. This bunk will be referred to as a 'shadow camp'.





## COMMUNICATION WITH PARENTS

You will be notified if:

Your child is in the marp with symptoms

Your camper is in the same Cohort as a camper who tests positive for COVID-19

Your child tests positive for COVID-19

An email will go out if we have a case of COVID-19 in camp but you will only be called directly in the first three scenarios.

## PRIMARY CONTACT

Every member of the Camp Community (campers and staff) will be required to designate two individuals who will serve as the primary contacts in the event that he or she needs to be picked up in a timely fashion from camp due to a positive COVID-19 test result. These individuals must be available at any point throughout the camp season and must be able to care for someone who is potentially positive for COVID-19.

## REFUND POLICY

In the event that a camper tests positive for COVID-19 during Camp and has to leave Camp, a refund will be provided based on a per diem calculation based on the number of days spent at camp, less a 20% deduction. This deduction will assist us in covering our fixed costs that we incur as a result of expenditure for a fixed number of campers attending camp

# CAMP OPERATION

## MASKING/SOCIAL DISTANCING

Masking will be required for all members of the camp population when they come into contact with another cohort and can not be 2 meters distant and outdoors. After 14 days without cases in the established cohort, established cohorts can gather together without being physically distanced or masked. Campers will be required to bring non medical grade disposable masks, we will have extra on hand.



## ▶ DINING HALL ▶

Meals will take place in the Chadar (dining hall) and in dining tents. Cohorts will be socially distanced as per Ministry of Health guidelines. Food will be served family style or by staff-assisted buffet by cohort. Additional handwashing stations will be available outside all dining facilities and hand sanitizers will be available around the camp.

## ▶ ACTIVITIES ▶

Regular camp activities such as sports, waterfront/agam, pool, breicha, arts and crafts/omanut will all take place with each cohort attending each activity. Two cohorts can be at an activity at the same time but they must be two of the three - outdoors, masked or distanced. Our team has been working hard to make sure that the spirit/ruach that is so special at camp will not be compromised. Although camp may look different than other years, we will do everything in our creative power to provide a fun and educational summer for all.

## ▶ PERSONAL HYGIENE & CLEANING / SANITATION ▶

Hand sanitizing stations have been placed throughout the camp including in front of every cabin and every public building and peulah (activity) at camp. Signage reminding everyone about proper hygiene will be placed throughout camp. Dividers will be placed between each sink in the shared bathrooms.

A dedicated team of housekeeping staff members will oversee the cleaning and disinfecting of bunkhouses, public spaces, and high-traffic areas.

## ▶ VENTILATION / TENTING ▶

Research shows that the risk of transmission of COVID-19 is lower outdoors as fresh air disperses the virus. We will therefore maximize our time spent outdoors by holding activities outdoors as much as possible and by placing tents throughout the camp. This will minimize the number of people indoors at any given time and provides outdoor facilities with shelter.

Indoor facilities without HVAC systems will use a combination of open doors/windows and air exchange fans to ensure healthy air circulation. Indoor facilities with HVAC systems will have air purifiers with HEPA filters installed.



## CAMPER SUPPORT

As always, we have a designated individual in charge of camper support. We understand that this year campers may have experienced a more challenging year and as such, the staff will be trained to recognize and be sensitive to the various emotional issues that may arise as a result. You will have an opportunity on the CampDoc medical form to share any concerns you may have on the emotional well-being portion of the form.

## PARENT SUPPORT

As with everything in camp, it is our philosophy to always be transparent, honest, straightforward, and communicate often with our camp parents. Of course, these principles will apply with anything relating to COVID-19 both prior to the summer and during the camp season. Similar to above, we are also aware that this summer may be the first experience in a long time that a child is away from a parent. We will do everything in our power to proactively communicate directly with parents to alleviate any concerns and answer any questions they may have.

## VACCINATION

We are pleased that so many of our staff and campers over the age of 12 have already had at least one vaccination. While we are not mandating full vaccination, we strongly encourage those who are eligible to vaccinate to do so as it will drastically reduce the chance of illness and exposure.

Please note that someone is only considered 'vaccinated' once they complete their vaccine series: Two weeks after the second dose of the Pfizer, Astra Zeneca or Moderna vaccine or two weeks after a single dose of the Johnson & Johnson vaccine. Over the next month, fully vaccinated individuals may have different rules with regards to testing and isolation when exposed to a COVID-19 positive individual. We will update as more information is available.

## STAFF TIME OFF

Our staff will be taking their days and nights on the camp property. We will have special activities and a separate space set up for them to relax and refresh.



## DELIVERIES / MAINTENANCE

All deliveries to camp will be left in a designated drop off shack outside of the camp gates. Delivery companies such as UPS, Amazon... will not be allowed in camp. Anyone that needs to enter camp will be screened at the front gate and will be masked and distanced at all times.

## VISITING DAY

While we will not have an in-person visiting day, We do look forward to hosting a Virtual Visiting Day. We can't wait to welcome you back in 2022!

