

Dear Parents, Chanichim and Chanichot,

It is very exciting that after months of planning, the summer is literally around the corner. We thank you for choosing Camp Moshava this summer, our 61st, and we hope that your expectations will be fully met.

Camp is many things to different people - a place to grow, a place to meet friends, a place to escape, a place to connect, a place to have fun. Our goal is to look at all campers individually, and guide them so they can get the most out of camp in the way that best suits their needs.

Programming, safety, staffing and site improvements are among the many things that are researched throughout the year to ensure that the highest standards are maintained. Feedback from both campers and parents is very important in making our camp the best that it can be and so we encourage you to communicate with me throughout the summer, as well as during the year, if there are any issues you would like to discuss.

This handbook has been designed to answer all the inquiries you and your child(ren) may have for the upcoming season. Whether it is your first summer or your 5th, we urge you to read it in its entirety, as there may be important changes you will need to know.

Sleep-away camp gives children an opportunity to become more independent and responsible and my staff is there to guide them in a fun and caring manner. The rules in this handbook are in place to safely guide your children through a successful summer.

We urge you to read the following topics carefully: The 'items not to bring' (page 8-9) and the dress code (page 9 ). These rules will be strictly enforced. It is integral that we work together to ensure they are fully understood.

If you have any questions or concerns, please do not hesitate to contact me. Open communication is integral. For general questions, please email the office at [office@campmoshava.org](mailto:office@campmoshava.org). For more personal inquiries, feel free to email my private email at [vicky@campmoshava.org](mailto:vicky@campmoshava.org). Pictures and videos are available during the summer at [www.campmoshava.org](http://www.campmoshava.org); the password will be sent to you via email.

Before June 25th, Etty can be reached at the Toronto office at 416-630-7578. After June 27th, please call the Ennismore camp office at 705-292-8143 or fax 705-292-6168. Please note that as of July 4th we switch to 'camp time' which is one hour behind.

TOGETHER WITH MY QUALIFIED AND ENERGETIC TEAM-WE LOOK  
FORWARD TO A  
FANTASTIC SUMMER WITH YOUR FAMILY.

Sincerely,  
Vicky Shizgal and Tova Segal|  
Director and Assistant Director , Camp Moshava

**VISITING DAY**  
**SUNDAY, JULY 14, 2019**  
**12:30 pm to 4:30 pm (CITY TIME)**  
**A FULL SCHEDULE OF THE DAY WILL BE SENT VIA EMAIL DURING THE SUMMER**

YOOOOOO CAMP MOSHAVA!

Hope everyone is getting prepared and excited for Summer 5779/2019, I know I am!

When I think of camp, I don't just picture a place of never-ending fun (although it is!). Camp has always been a place that I can truly feel myself. Everyone who has been through the gates of Moshava Ennismore knows the sense pure Simcha that fills the air. In camp a person can truly express themselves and their individual identities, whether it's their bunk, Eidah, or entire camp!

We do our best to create an environment that holds true to Torah values, and never stops promoting religious growth and expression. We encourage defining young Jewish identities and building leadership qualities. We create a space that everyone feels proud to be a Religious and Zionist Jew! The best part is, we do it all with the Holiest and wackiest energy I've ever seen.

This year will be no exception! Everyone is working hard around the clock to prepare for the magic that just cannot be put into words.

It is for this reason that I feel truly honored to be working another year in camp. Ennismore has been making a difference for many years, and for me to have even a small part in the dream is unbelievably humbling.

I can easily say that if it weren't for camp I would not have become the person I am today, for that I am forever grateful.

I hope that you campers have similar experiences to me, I cannot wait to learn and be inspired by all of you this summer!

I want to give us all a Bracha, that we have the most inspiring, most fun, most special summer of our lives!

GET READY!!!

With Hashem's help 🙏,

Jakie Kuperstok

Rosh Moshava

[roshmosh@campmoshava.org](mailto:roshmosh@campmoshava.org)



# INTRODUCING... ROSH MOSHAVA AND RASHEI EIDAH 5779



Jake Kuperstok  
Rosh Moshava



Jessica Gelbard  
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Rosh Eidah Bet 1



Racheli Blanshay  
Rosh Eidah Bet 2



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Ami Tobin  
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## **SECTION ONE**

### **FEES, REFUND POLICY AND PRE-CAMP INFO**

It is important that the following items have been dealt with prior to attending camp. These requirements include:

- Paying all tuition fees.
- Completed CampDoc health form.
- Having both parents sign the Registration Form.

#### **Fees**

All camper tuition and fees must be paid by June 1, 2019. An unpaid account will be considered as an automatic cancellation and the reservation may be given to the next camper on our waiting list. Please note there is a 2% surcharge when paying by credit card.

#### **Refund Policy**

1. All cancellations must be received in writing, in the camp office, before June 1, 2019. No refunds will be made if cancellation occurs after June 1, unless accompanied by a doctor's certificate, subject to the cancellation fee listed in Item 2 below.
2. A cancellation fee of \$250 will be charged for every withdrawn application before December 1, 2016, a fee of \$500 for every application withdrawn between December 1, 2018 and March 31, 2019, and a fee of \$1000 for every application withdrawn after April 1, 2019.
3. Should a camper be sent home for disciplinary reasons, no refund will be given.
4. There will be no deductions from the fee for a camper arriving late or leaving early for any reason.
5. Fees cannot be refunded for days missed unless an illness of two or more consecutive weeks occurs. A refund of 50% of the time missed due to illness will

be made upon request, which must include a doctor's certificate. If the child leaves camp for any reason, other than medical, there will be no refund given.

6. Any refunds will be paid after September 30, 2019.

This policy is clearly stated on our Camper Enrollment Form. All refund requests must be made in writing to the camp office. The Refund Subcommittee of our Camp Committee decides on refund requests within two months after the end of the camp season.

### **Pre-Camp Info**

Camp Moshava's educational philosophy embraces the importance of individual attention and program personalization. The Camper Health Form and Emotional Well Being Form are important documents that help our staff prepare for your child. These confidential forms are designed to enable us to help your child integrate into camp life. You should fill out these forms as accurately and completely as possible. Under no circumstance should you permit your child to fill out either of these forms. As well, you will receive a form asking you for your bunk requests. While we cannot guarantee fulfillment of all requests, we do our best to honour as many as we can. Please note: in dividing the bunk, we also factor in which campers are registered for 4 vs 6 weeks.

## **SECTION TWO**

### **HEALTH AND MEDICAL**

#### **Medical Information**

Please read the section in this manual, which is dedicated to health and medical information. This section deals with additional pre-camp and in-camp health and medical requirements and procedures, which are important to your child and Camp Moshava.

*Please be aware that omissions or misleading statements of medical information are grounds for immediate removal from the camp with no tuition refund.*

### **Counseling/Therapy**

It is common for children to see a psychotherapist or counselor to assist with growth, development or any adjustment issues. If your child is, or has been in therapy, please provide the information requested on the appropriate section of the CampDoc medical form. *We reserve the right to contact the therapist/counselor.*

Camp Moshava's primary concern is for the safety, health and welfare of your child. To this end, we have established a comprehensive health and medical program. We have a residential nurse at camp and a licensed physician at camp or if they do not reside at camp, conduct a daily clinic. We are twenty-five minutes from Peterborough Regional Health Centre Hospital, where we have access to a full complement of specialists and advanced facilities. Our camping program is planned around safely providing children with a unique active and educational outdoors experience. While minor injuries and illnesses are part of camp life, you can help minimize any problems by doing your part. This involves properly completing our CampDoc form and by heeding the information, requirements and suggestions which follow.

### **Medical Update**

While your child is at Camp Moshava, his/her health and safety are the responsibility of the Camp Director, the medical staff and the Tzevet (Staff). It is important for us to have up-to-date records of your child's medical conditions, as well as any medication that he/she is taking. If there is any medical change since you first submitted your health form, please make sure to log in to your CampDoc account and update your child's medical chart. Once CampDoc is offline, please email the office with any changes. If you neglect to inform us of updated medical information both physical and emotional, Moshava reserves the right to terminate a registration if it impacts the child's and camp's ability to provide a safe and successful summer.

### **When is a parent called by medical staff?**

**Our infirmary staff work many hours a day tending to campers and staff. It would be impossible for them to call every time a minor visit it made.**



1. All hospital or out of camp clinic visits.
2. Any medical event that entails missing more than 24 hours of activities.
3. Any diagnosis requiring prescription medication. If an over the counter medication is used more than 3 times in one day, parents will be called
4. Any diagnosis requiring 24 hour admission to the marp. If a 2<sup>nd</sup> overnight stay is required, parents will be called again.
5. Seizure, Xray, asthmatic exacerbation, diabetes control issues, head injury, epipen use.
6. For any medication requiring payment, parents will be notified in advance and asked to call in payment or insurance directly to pharmacy. Same goes for dental, orthodontist, and diagnostic clinics requiring payment.

### **Medications, Medical Procedures, Dental Work**

If your child has a pre-existing condition which requires the taking of any prescription or over-the-counter medication, please make sure to send a supply of this medication adequate for his/her stay at camp. Please make sure in the case of asthma that there are an adequate number of puffers sent. Children who require an epipen/twinjet must bring them to camp. Should circumstances arise that require the camp to purchase any medication for your child, the camp will bill the parents/guardians directly. It will then be their responsibility to pay the camp and then to seek reimbursement from their insurance company.

Any dental work required to be done on an emergency basis will also be billed to the parents. You are required to bring all your labeled medication to the bus at time of departure. The medication will be brought to the marp where our medical staff will keep and administer all medications. No medications for staff or campers are to remain in the cabin.

### **Out-of-Canada Health Coverage Non-Canadian Residents**

You must provide us with a photocopy of existing health insurance coverage for your child. Please note that any health-related costs incurred by the Camp will either be billed directly to the parent/guardian or the camp will pay and the parent/guardian will be responsible to pay the camp and to then seek reimbursement from their insurance company. Your child will NOT be allowed on the camp premises unless we have proof of health coverage. Please be aware that omissions, false or misleading statements of medical information are grounds for immediate dismissal from Camp at the Camp's sole discretion, with no tuition refund. For out-of-town campers: Because our doctors are unable to bill in Canada

for out-of-town campers we ask you to please fill in a pre-authorization form with your signature so that Doctors can collect for their treatment (provided by your insurance company) and upload it to your CampDoc account.

## **Lice**

All campers must be cleared of nits and lice before coming to camp. All campers and staff will be professionally checked by THE LICE CREW. If your child/staff is found to have lice or nits, the parents will be notified and treatment will be provided the same day by the professional lice company at a cost to you of \$65 for the initial treatment and \$60 per hour for all subsequent hours until the campers are combed and clear on the first day of camp. All follow up daily combing and, if necessary, repeat treatment, will be done by the camp. A credit card number will be collected while your child is at camp.

## **SECTION THREE** **Important Rules**

While clothing tends to be a very personal matter, here are the guidelines for appropriate clothing and equipment for our camp. Keep in mind that clothing undergoes a lot of wear and tear in camp. Do not send fancy or delicate clothes as they are prone to damage.

## **Dress Code**

Camp Moshava works hard to create an avira (environment) that reflects the Torah values that we all share. Based on the dress code outlines below, your child's madrich/a may deem certain clothing inappropriate (i.e., suggestive slogans/pictures or immodest fit) and thus will be required to change. The camp has instituted the following dress code:

Females:

*Permissible:*

-All skirts or shorts (basketball shorts or capris) must cover the knees

- Skirts that have slits that do not extend above the knee
- Sweat pants, loose fitting jeans, pants etc.
- Shirt sleeve length should be between the elbow and shoulder
- Modest style neckline

*Not Permissible:*

- Tank tops, sleeveless shirts, cap sleeves, low-cut shirts, tight-fitting shirts
- Suggestive slogans/pictures may not be worn
- Tops that expose the waist/midriff
- Shorts, tight-fitting skirts or mini skirts
- Form-fitting, knit or spandex fabrics that hug the body (ie-jeggings, skinny jeans, leggings)
- Underwear may not be shown at any time

Shabbat:

Friday night: white top and navy or black skirt that cover the knees

Skirts should not have print on them. It really adds to the atmosphere of Friday night when there is a wave of dark and white. Please help us maintain that feeling.

- Shabbat day: other appropriate Shabbat clothing may be worn
- No denim skirts or weekday clothing may be worn on Shabbat

Males:

- Tzizit and kippot must be worn at all times
- Shorts must reach the top of the knees

*Not Permissible:*

- Shirts: tank tops, sleeveless undershirts (worn alone), or spandex tops
- Suggestive slogans/pictures may not be worn
- Shorts: spandex shorts
- Underwear may not be shown at any time

Shabbat:

- Friday night: white collared shirt and navy blue or black bottom
- Shabbat day: other appropriate Shabbat clothing may be worn
- No jeans or weekday clothing is appropriate to wear on Shabbat

**WASH AND WEAR OR PERMANENT PRESS MATERIALS ARE RECOMMENDED.**  
Do not bring valuables such as expensive watches and jewelry, etc.

Children are required to make their beds with sheets and regular blankets. *No child may use a sleeping bag as their primary blanket, or sleep in their sleeping bag in the bunks.* It is both messy and unsanitary. Send a pillow along with your child, Camp does not have pillows available.

**To avoid lost clothing, it is imperative that all items are properly labeled, including toiletries and TZITZIT.**

### **Items Not to Bring**

For health, safety and social reasons, campers are not permitted to bring any of the following or related items to Camp: **Campers may not use any devices has SIM CARD capability, even if the SIM card is removed. They will be placed in the safe if brought to camp. Campers should not use their devices with data ( e.g., iphone) to listen to music or as alarms as they will NOT be allowed to remain in the bunk. We can not monitor SIM cards and therefore anything with SIM card capability is not allowed to remain in the bunk. If we suspect a child has a device with SIM card capability we will search their items, the item will be confiscated and you will receive a call from the Camp Director.**

- **Cellular phones or pagers, or other wireless devices**
- Knives, hatchets or sharp-edged tools or objects
- Martial arts or other weaponry
- Air guns or projectile devices
- Matches or lighters
- Fireworks, flammable materials, incendiary devices, or related items
- Multiple outlets or similar adapters or extension cords
- Heaters or heating devices
- Portable DVD players, iPads, laptop computers
- Mini-fridges, toaster ovens and other kitchen appliances (they are fire hazards)



Please make sure your child is aware of these restrictions. Audio devices and small hand-held devices are allowed but may not be taken out of the bunk. If improperly used, they will be confiscated. All confiscated items will be returned at the end of the camping season. It is advisable, as well, not to bring jewelery, expensive cameras, CD players, iPods, hand-held games. There will be limited use of these items and we reserve the right to temporarily confiscate them as we see fit.



*This list is based on a 6-week session. Please adjust accordingly if you are coming for less time.*

### **Camp Clothing and Equipment List**

- 1 heavy blanket
- 1 pr. sandals
- 1 pr. water shoes for the lake
- 1 pr. shower shoes/thongs/flip flops
- 1 pr. Sneakers
- 1 pr. shoes for Shabbat
- 1 pr. rubber boots (optional)
- 1 raincoat
- 1 pillow
- 3 pillow cases
- 2-3 cot-size (twin) fitted bed sheets
- 4 bath towels
- 2 wash cloths
- 2 prs. light pajamas
- 2 prs. flannel pajamas
- 1 warm bathrobe
- 16 prs. underwear
- 10-15 pairs of socks
- 5 prs. skirts or pants (must cover the knees)
- 2 pairs of knee length shorts (to be worn in the lake - for girls)
- 10 short sleeve T-shirts (girls-no cap sleeves)
- 4 long sleeve T-shirts
- 3 swimming suits (1 piece or tankini only)
- 5 prs. shorts (must cover the knee and may not be form-fitted) -
- 2 -3 sweatshirts
- 1 warm jacket
- 2 sweaters (heavy and light)
- 3 pair tzitzit (boys-mandatory)
- 3 kipot (boys-mandatory)
- 1 pr. Tefillin (boys) labeled clearly

- 1 outdoor sleeping bag
- 2 baseball caps/hats (boys and girls)

### SHABBAT CLOTHING

#### BOYS:

- 3 white collared shirts or tilboshet
- 3 Shabbat shirts of any color
- 2 pr. navy blue or black pants
- 2 pr. Shabbat pants of any color

#### GIRLS:

- 3 white tops
- 2-3 navy blue/black skirt (covering the knee)
- 3 Shabbat outfits (for Shabbat day)
- No sheer tops are permissible

- Personal hygiene items-
- cosmetic bag or plastic shower caddy
  - soap and soap box
  - toothbrush and toothpaste
  - 1 box facial tissues
  - Shampoo
  - deodorant
  - insect repellent
  - sun screen
  - comb and brush
  - hair elastics, hair bands
  - nail clipper
  - 1 plastic drinking cup



Throat lozenges, eye drops (if needed), bite cream, moisturizer, allergy medication, etc. will NOT be provided in the marp and should be brought from home. Parents will be billed for medications dispensed to the camper. (except those dispensed for occasional use that we have in stock i.e. Advil)

stamps, pens, writing paper  
 1 flashlight and batteries + extra batteries  
 1 durable knapsack  
 1 reusable water bottle  
 Camp Moshava will provide laundry bags.

Optional-

1 (or more) costume or crazy hat for special activities  
 1 Tupperware/Rubbermaid container for snacks/no larger than 12 QT /11.4 L-  
 (Sterilite brand available at Wal-Mart). Items must be peanut-free and kosher  
 camera (optional) - no iphone cameras (see items not to bring)  
 deck of cards  
 (We do have some of these items available during free time on the sports field,  
 but often the campers like to have their own):  
 baseball glove  
 softball  
 tennis racket  
 hockey stick  
 water gun  
 lock box  
 (all sports equipment needs appropriate safety gear)

### **Cell Phones/Phone Calls**

To preserve the unique nature of an overnight camping experience, Camp Moshava does not permit telephone calls to or from a camper, except on an emergency basis. Exceptions are made for campers on their birthdays (not on anyone else's birthday) and for campers who do not receive visitors on Visiting Day.

**Camp Moshava does not permit campers to have cell phones at camp. Sending cell phones with campers is not only against camp rules, it encourages campers to disregard other camp rules and guidelines, and is extremely disruptive to the camp experience and the entire camp community. We ask all of our camper families to help us preserve the unique, special camp experience by respecting this policy. THEY MAY NOT USE CELL PHONES AS ALARMS OR FOR MUSIC.**

If you want to send your child travelling from out-of-town with a cell phone for safety reasons, please indicate this on the travel form and your child will be asked to turn it in to the office for safekeeping until the end of the session.

### **Liability**

Camp Moshava assumes no responsibility for wear and tear, damage to, or loss of camper's clothing, equipment or belongings. We recommend that you do not send expensive cameras, watches, radios, DS, iPods, mp3 players, jewelry, fancy clothing, etc. to camp, as we will not be responsible for loss or damage. By placing name tags on all articles, you will help us keep your losses to a minimum. The fire and theft insurance carried by the camp does not provide coverage for campers' personal effects. Therefore, if such coverage is desired, you are urged to make arrangements for such coverage with your own insurance company. Many policies include coverage for such losses away from home.

Every item which you send with your child must be identified with a label bearing his or her first and last name. Where a label cannot be attached, use a permanent marker to write your child's name on all of their belongings. Only labeled items left at camp will be brought back to the Toronto Office after camp. All other items will be donated. All items not picked up at the office, two weeks post camp, will be donated.

## **SECTION FOUR**

### **Transportation and Baggage**

#### **Transportation**

Luggage tags and transportation information will be mailed to you approximately one month prior to camp and only upon completion of all requirements - financial, medical and registration forms. Please bring your child's Brit Chanich (Camper Conduct Agreement) to the bus.

Camp Moshava has bus pickup points in Toronto, Montreal and Brockville.

Your child will be assigned to a bus at the location closest to your home. If you have made other transportation arrangements for your child, please call the camp



office before June 12th. This information will allow us to properly adjust our rosters and schedules, and ensure the easiest trip possible for all children. Each Camp Moshava bus is accompanied by at least one bus counselor. We ask that you have your child at the assigned bus pickup point at least fifteen minutes before scheduled departure.

Please assist us by parking in such a manner that allows the transportation buses free movement. Your cooperation will help ensure that the loading of the buses is a smooth process.

### **Baggage**

Due to location of luggage storage, you must pack in duffle bags. We cannot be responsible for damage to luggage or its contents. Please do not include liquids, fragile items, potentially messy items, electronic equipment, cash/valuables or breakables in your child's luggage.

### **Luggage drop off**

PLEASE NOTE: luggage will be picked up 1 day before camp starts. All luggage will be picked up on Tuesday , July 2nd, from the following locations. You will receive a letter with detailed times along with the luggage tags.

Please send a maximum of 2 duffle bags (no suitcases). Please place tags provided by the camp on the duffle bags as they are color coded.

Toronto - luggage should be brought to Esther Shiner Stadium

Montreal - luggage should be brought to the Hebrew Academy (5700 Kellert)

Ottawa - luggage will be loaded under the bus on July 3rd

Under strict instruction, our driver will absolutely not load any mini-fridges, trunks or suitcases. Please be respectful of our rules.

### **Out-of-Town Transportation to Camp**

*(Other than Toronto, Montreal and Ottawa)*

Camp Moshava takes pride in the large number of campers who come to us from all over Canada, the United States, Israel and Europe. All campers from out-of-town must arrive at Pearson International Airport within a three hour time window the day camp begins. As long as you arrive within the dedicated time, we will arrange pick up for your child from the airport.

## **SECTION FIVE**

### **In-Camp Services and Policies**

Camp life is a micro-society, catering to the needs of your child, while providing new and unique growth experiences and challenges. We offer a number of important services to help make your child's camp experience positive and enjoyable. We also have a number of policies and behavioral guidelines which we enforce, and which we require that all campers honor. We cannot overemphasize your role in making sure that your child knows about, and properly uses, the standard services which we offer, and that you arrange for our optional services as necessary. For an enjoyable and beneficial summer, your child should also realize that he or she will be expected to adhere to camp rules. Before leaving for camp your child should know and understand what those guidelines are. Every child will be asked to read and sign a Brit Chanich (camper conduct agreement) so that we are on board with having a safe and successful summer.

### **Laundry**

Camp Moshava sends the campers' clothing to a Laundromat where the clothes are washed, dried and folded and returned within 24 hours. Laundry is sent out weekly. This is a simple 'rough-dry service,' not flat-finished or ironed. Camp Moshava is not responsible for any items that are lost. All clothing must have a label. Camp Moshava will be providing 2 color-coded laundry bags to each camper to help make laundry more precise and timely. The bags will be collected at the end of the summer to be used in future years.

As laundromats can, periodically, be very rough on campers' clothes, we strongly suggest that you refrain from sending expensive or fancy clothing, or clothing

with restricted washing instructions. Please note that laundry is only done when necessary during the Nine Days of Av.

### **Shekem (Canteen)**

Camp Moshava maintains a well-stocked canteen from which campers may purchase stamps, batteries, toothbrushes and tissues. Snacks and drinks are included in your tuition.

PLEASE NOTE: Shekem sells items that have warnings of "made in a facility that processes nuts".

### **Snacks in Camp**

It is important that we educate our children to make healthy eating choices. We continue to work hard on the camp menu which consists of full salad bars (twice daily) and choices from all the food groups. It is our duty to ensure that the camp population is properly fed, that exposure to food allergies is minimized and that the rodent population of the camp is reduced, not increased. The Camp has developed the following policy regarding snacks and food from home:

- 1.No drinks, including cases of water, will be loaded on the truck on the day of the luggage run prior to camp.
- 2.All water in camp is treated and tested on a continuous basis. It is unnecessary to purchase water but we do give the option in our online camp store. Cases of water will be sold on a pre-ordered, prepaid basis.
3. If you choose to send healthy snacks, all food in the bunk is to be stored in a re-sealable plastic storage box provided by the parents. The box must be stored under the bed- Maximum size allowed is 12 QT/11.4L (Sterilite brand available in Wal-Mart).



4. All snacks must be in individually wrapped servings (e.g., small bags of pretzels, granola bars) with an appropriate kashrut symbol. All food left on Visiting Day must comply with the above. Due to the allergies of some children, homemade food is discouraged as ingredients cannot be checked. Please note that we are a peanut sensitive camp, so please do not send items which contain peanuts. Items which contain peanuts will be removed from the bunk.

Please note that all food/drink which does not meet, or is not stored in accordance with the above criteria, will be donated to a local food bank. Please help us to ensure a healthy and nutritious summer for the entire camp population by abiding by the above rules.

### **Valuables**

We advise that all extra money, airline tickets and cell phones that your child brings to camp be stored in the camp safe. Passports and personal documents should also be stored in the camp safe.

Campers go on various trips throughout the summer and often have a chance to buy snacks. You are welcome to give your child(ren) money that we will gladly keep in the safe. For a 6 week session we recommend approximately \$25, and \$40 but petty cash is completely optional. Camp Moshava is not responsible for money not deposited directly with the camp office. Please instruct your child to bring any money brought to camp to the camp office on the first day of camp, rather than keeping it in the bunk.

### **Mail/Fax/Email**

#### **Snail mail**

Please address camper mail to:

Camper's Name - Eidah \_\_\_\_\_ Bunk (if you know it) \_\_\_\_\_

c/o Camp Moshava

1485 Murphy Road, R.R. #1

Ennismore, ON K0L 1T0

Email and snail mail is distributed once every afternoon. The Madrichim distribute mail to each camper individually. Outgoing mail is picked up daily. Although our Shekem (canteen) does sell stamps, we suggest that you provide your child with a supply of stamped, self-addressed envelopes and postcards ready to be mailed from camp. Please be sure to write often to your child. **Campers from out of Canada** will be able to have letters scanned by our office staff, at least once a week. We will use the email you have put on your registration form

## Email

Please do not fax your children's letters to camp. You may email your children during their stay at camp but must be received before 11:00 a.m. city time in order to be distributed in that day's mail call. To send email, please go to [www.campmoshava.org](http://www.campmoshava.org). The email system is only activated on July 5th. Please note, we will not open or forward any attachments.

## Communication

Parents with concerns or questions are always welcome to contact the office whether by phone or by email. **Staff should never be contacted directly.** Every new camper will receive a phone call from the Rosh Eidah before Shabbat of the first week of camp. Please let us know if you will be at an alternate number than the ones on your registration form.

## Camper Participation and Cooperation

Summer camp offers opportunities and experiences that will lead to the growth and development of your child, while he or she is having an enjoyable and exciting time. However, to ensure a positive and safe camping experience for your child and other campers, we must have the full and active cooperation and participation of your child. Please make sure to discuss the following central issues and guidelines with your child before his or her departure for camp:

- Camp Moshava is an Orthodox camp, and each camper is expected to follow the Halachic guidelines set by the camp. This includes attendance at tefillot, wearing kippah and tzizit, dressing appropriately, using only appropriate language, etc.

- Personal food will not be allowed into the Chadar Ochel at any time.
- If your child's birthday is during camp, we allow the camper to call home. Every child will get a cake for his/her bunk at camp, but if you would like to sponsor a birthday cake for the whole camp the cost is \$180 (tax receipt issued). There are other ways to celebrate birthdays at camp; feel free to call the office in advance for more information.
- We are a camp that is under the supervision of COR. Food not bearing kashrut symbols will be removed from the cabin.
- Camp is a very active place where campers are required to attend all activities. Campers may not remain in cabins during activities.
- Campers should understand the summer camp's relaxed, informal environment is not to be confused with acting disrespectfully or using vulgar language. We expect speech and attitude consistent with our educational religious environment.
- Campers are expected to behave responsibly and safely at all times. This includes following the directives of their madrichim/ madrichot and other staff members.
- Girls and boys are not permitted on each others' campuses at any time, without special permission.
- Camp Moshava undertakes to provide a safe and secure environment both physically and emotionally. Bullying and physical, verbal and/or emotional abuse will be dealt with in the strongest terms possible.
- Respect for counselors, supervisory staff, fellow campers, personal belongings and camp property is expected at all times.
- No child is permitted to leave camp at any time, except on organized, authorized, supervised camp trips.

### **Graffiti and Damage**

Campers and their legal guardians will be held responsible for any damages suffered by Camp Moshava or any third party as a result of a violation of camp rules, regulations or the instructions of the supervisory personnel. There will be an automatic \$50.00 charge for each incident of graffiti writing on walls, tables or any other camp property and a full replacement charge of any newer facility that has been ruined with graffiti or damaged. Parents will be billed.

Areas that are off limits to campers will be pointed out to your child upon his or her arrival at camp. Any child found to have gone, without proper supervision and authorization, into an area designated as off limits, or found starting a fire for any reason, will be sent home immediately. Your child is not permitted to bring any items that present potential danger to others. These items are spelled out in section three of this manual, in the subsection "Items not to bring." The possession while at camp of items that present potential danger to others may be grounds for immediate dismissal.

Campers will receive the following Brit Chanich that they will be asked to sign

### **Camper Conduct Agreement — Brit Chanich**

I will promote a Jewish educational environment while at camp.

I will treat all campers and staff, as well as camp property with kavod/ respect. I will be held financially responsible for any damage to camp property.

I will come to camp prepared to participate in all aspects of the camp program.

I will not bring any materials which are forbidden by the camp guidelines, including but not limited to cellular phones, video players, small kitchen appliances as outlined in this handbook.

I will arrive at all activities and meals on time prepared to participate fully, will not leave any activity in the middle unless I have permission from a staff member, and will participate fully in all tefillah experiences in camp.

I understand that I am responsible for my own behavior while at camp and take full responsibility for my actions.

I will act appropriately so that each camper has the right to feel safe, and respected.

I will not enter a cabin of the opposite sex, or the migrash of the opposite sex.

I understand that throughout any trip or excursion out of camp I am responsible and represent the ideals of Camp Moshava.

I will dress appropriately throughout the camping season, and I understand that I will be asked to change clothing if I am dressed inappropriately as outlined in the camper handbook.

I will not leave camp grounds without permission of a staff member.

I will not open or use any fire extinguishers unless it is for a purpose of safety

I understand that there is a protocol in camp and if there is a breach in this contract there will be appropriate consequences. These consequences range from discussions with my counselor, the Rosh Eidah, the Rosh Mosh or the Camp Director, which may lead to expulsion from camp.

The following rules are deemed as zero tolerance; offenders will be immediately dismissed from camp:

I will not possess, use or distribute any illegal drug or drug paraphernalia (including cigarettes).

I will not bring any item to camp which might be considered a weapon.

I will not possess, consume or distribute any alcoholic beverages.

I will never strike a match or deal with flammable materials.

### **Telephone Calls**

Campers are not permitted to make telephone calls unless authorized by our supervisory staff. These calls often lead to expressions of emotion that reflect momentary, immediate needs and can cause unnecessary worry. These phone calls also tend to disrupt our camp program. We want our children to learn problem solving skills on their own, and phone calls home will get in the way of that progress.

Parents, of course, may always speak with the Director, Camper Support staff, Administrative Assistant, Doctor and Nurse whenever necessary. Our office is open 9:30 a.m.-6:30 p.m. (city time) daily. The phone number at camp is (705) 292-8143. After 6:30 p.m., Sunday through Thursday, and until 4:30 p.m. Friday, you may leave messages on our voice mailbox. We will gladly return the call the next day.

#### **Emergency Calls:**

In case of extreme emergency only (after 6:30 p.m.), you can reach the Camp Director by cell phone. EMERGENCY PHONE NUMBER - 514 476 5834 (Vicky). We do not accept non-emergency calls on this line.



## **Visits**

Visits at times other than the designated hours of visiting day (see below) are not permitted. Please do not arrive on another day, as visitors will not be allowed in camp. Please help us prevent these very unpleasant situations. If you cannot make it on visiting day and want to visit on an alternate day, then you will be able to sign your child out if you call in advance to make arrangements. For safety reasons and for the flow of camp, visitors will not be allowed on the camp grounds.

### **Separated or Divorced Parents**

- It is the policy of Camp Moshava that only the custodial parent/s may authorize the removal of a child from camp.
- Documentation with respect to custody of your child/ren, namely a court order or signed agreement, must be presented to the office before the beginning of camp.
- A non-custodial parent may remove the child/ren from camp provided that camp has received written authorization from the custodial parent.
- None of the policies above affects the ability of either parent to attend Visiting Day at camp.
- Please note: The onus is on the parents to advise the camp of any custody issues that exist prior to camp or if circumstances change while a child is in camp.

### **Visiting Day**

Visits are limited to visiting day. This summer's visiting day is:

Sunday, July 14, 2019

12:30 p.m. to 4:30 p.m. (city time)

On Visiting Day we cordially invite parents and friends to visit our camp during the designated visiting hours.

A special program is conducted affording parents the opportunity to observe camp activities, see the camp facilities and speak with counselors, support staff and administrative staff. You will receive additional details in the mail prior to visiting day. Directions to camp can be found in this manual and on the website. We ask that you also respect the following additional rules which govern visiting day.

- No children are allowed to leave our grounds unless signed out by a custodial parent. Grandparents, siblings and other relatives are not custodial parents and will not be allowed to take a child off camp grounds unless written authorization from the custodial parent has been received in our office in advance.
- Pets may not be brought past the front gate.
- Cars must be parked in designated areas, and are not permitted on camp grounds

#### If Your Child is Not Expecting a Visitor-

An optional day trip will be offered to campers without visitors. Please advise us prior to camp.

#### NEW Tipping Policy-

We will allow tips for the staff if they are done anonymously and submitted into the office with the name of the staff member you wish to tip. Tipping can be a small token of your appreciation like a movie pass, gift card... You can also sponsor a staff snack in honor of your child's staff or the staff as a whole. Donations for general staff snacks are accepted in any amount and a tax receipt will be issued (over \$36). We will be happy to tell your child's staff member that a donation towards staff snack or kiddish was made in their honour.

We feel this manual contains a great deal of important information and hope that you will find it a useful reference tool, and ask that you become familiar with its contents.

We hope to hear from you soon with any questions which you may have about any of the contents of this manual. Our office is open during business hours, from Monday to Thursday, except for legal and Jewish holidays. You can reach us at (416) 630-7578.

In the weeks to follow, you will receive regular correspondence and additional material from us. These, along with this manual, are designed to optimize your child's summer experience, as well as ease your preparation for Camp. The appendices which follow, contain helpful lists and preparation tools. Please look them over, and save them for future use. Thank you for your patronage and cooperation. Our Tzevet looks forward to serving you and your children this summer.

## Activities to Enjoy at Moshava

Archery, arts and crafts, banana boating, baseball, basketball, biking, bonfires, canoeing, chinuch, choir, fishing, dance, golf, hockey, karate, megamot (choice activities), mini golf, night tochnits, overnights, rock climbing wall, shekem, sports leagues, tefillah, teva, 'The swing', trips, tzofiut, videography, volleyball, water skiing, water trampoline, wakeboarding, woodworking, NEW- technokef....



## APPENDICES

Appendix A:

Camp Preparation Checklist

Appendix B:

Driving Directions to Camp Moshava

Appendix C:

Important Addresses and Phone Numbers

Appendix D:

Hebrew Terms Used in Camp

Appendix E:

Important Dates

## Appendix A:

### **Camp Preparation Checklist**

Have you....

- Read through the handbook and accompanying information?
- Paid all outstanding fees, tuition and payments?
- Submitted the CampDoc Camper Medical and Emotional Well Being forms?
- Read, discussed and signed the Camper Conduct Agreement/Brit Chanich?
- Discussed any medical limitations with the Camp Director?
- Made sure that all of your child's inoculations are up to date?
- Checked your child's hair for lice?
- Informed our office if you plan alternate transportation arrangements?
- Received luggage tags (by mid June) - Canadian campers only
- Read through our suggested clothing list and obtained, or packed, clothing accordingly?
- Labeled every item sent with your child?
- Made sure your child does not bring prohibited items?
- Made sure that all your child's luggage is properly labeled?

## APPENDIX B:

### **Driving Directions to Camp Moshava**

Directions to Camp Moshava

From Toronto:

1. Take Highway 401 east to 115/35 (just past Bowmanville) exit 436 toward Lindsay/Peterborough
2. Turn on to 115/35 northeast and continue on 115 after it splits from the 35 (total of 46 km)
3. Take exit 45B for Highway 7 to Fowlers Corners (the exit loops around to the right). Head to Fowlers Corners (approx. 12 km)
4. Continue straight through the light at Fowlers Corners (turns into Frank Hill Rd) until you see a slightly oversized stop sign at Yankee Line (approx.

6 km)

5. Turn right at Yankee Line/County Road 14, continue for 5.2 km
6. Turn left at Tara Road, continue for 8.1km
7. Turn right at Kerry Line (you will see a sign for Grandview Resort at the turn, new signage not as big as the old one). Continue for 1.2 km
8. Take first left onto Murphy Road; you will see the Moshava Welcome sign on the right

From Montreal:

1. Take 401 west to exit 464 (sign says: Port Hope exit Highway 28)
2. Take Highway 28N approximately 40 km through Fowler's Corners
3. Continue straight until you see a slightly oversized stop sign at Yankee Line
4. Turn right at Yankee Line/County Road 14, continue for 5.2 km
5. Turn left at Tara Road, continue for 8.1km
6. Turn right at Kerry Line (you will see a sign for Grandview Resort at the turn). Continue for 1.2 km
7. Take first left onto Murphy Road you will see the Moshava Welcome sign on the right!

From Ottawa:

1. Take Highway 417 west to Highway 7
2. Highway 7 to Television Road
3. Right on Television Road until Parkhill
4. Left on Parkhill until Chemong Road
5. Right on Chemong Road towards Bridgenorth
6. Make a left at the traffic light onto Victoria County Road 14 and go over the Causeway
7. Make a right on Robinson Road 14 (just past the Causeway) to Ennismore. Stay on the main paved road until the four-way stop at Sullivan's General Store. Turn right onto Tara Road
8. Follow Tara Road for about 4.5 km and turn right at the Grandview sign (Kerry Line)
9. Follow Kerry Line for about 1 km and turn left onto Murphy Road
10. Drive 700 meters to the camp entrance. Turn right onto the camp road.

Welcome to Camp Moshava!

APPENDIX C:

**Important Addresses and Phone Numbers**

Important Addresses and Phone Numbers Camp Moshava - Toronto / Montreal  
Office

Camp Moshava

4600 Bathurst Suite 316

Toronto, ON M2R 3V2

Toronto Phone: (416) 630-7578

Montreal Office: (514) 488-4741

Email: [office@campmoshava.org](mailto:office@campmoshava.org) (general)

Camp Director: [vicky@campmoshava.org](mailto:vicky@campmoshava.org) (private)

Camper support team: Michelle Otis and Ariella Vatenmakher-  
[campersupport@campmoshava.org](mailto:campersupport@campmoshava.org)

Web Site: [www.campmoshava.org](http://www.campmoshava.org)

Camp Moshava - During Camping Season

Camp Moshava

1485 Murphy Road

R.R. #1

Ennismore, ON K0L 1T0

Phone: (705) 292-8143 (9:30 a.m. - 6:30 p.m.)

Fax: (705) 292-6168 - please do not fax letters

Email: [office@campmoshava.org](mailto:office@campmoshava.org)

Camp Director: [Vicky@campmoshava.org](mailto:Vicky@campmoshava.org) (private)

Web Site: [www.campmoshava.org](http://www.campmoshava.org)

Camp Moshava - Emergency Phone: 514 476 5834

*Please note that the emergency number is for use only in cases of emergency (i.e., medical emergency, death in the family (G-d forbid)...) after our office closes. All other calls, even if they are very important, should be made to our Camp main*

*office number. A voicemail box will take your message after hours. All calls will be returned within 24 hours.*

#### APPENDIX D:

##### **Most Commonly Used Hebrew Words at Moshava**

Rosh Mosh (Moshava) .....	head counselor
Madrich(a) .....	male (female) counselor
Hadracha .....	counseling staff
Sgan .....	assistant
Shaliach .....	Israeli representative of Bnei Akiva
Chadar Ochel .....	dining hall
Mitbach .....	kitchen
Tzrif .....	cabin
Misrad .....	office
Shekem .....	canteen
Mirpa'ah (Marp) .....	infirmary
Chanich(a) .....	male (female) camper
Nikayon .....	clean-up
Mifkad .....	assembly
Shiur .....	class
Sicha .....	discussion group
Megama .....	choice activity
Peulah .....	activity period
Shira .....	singing
Sha'at menucha.....	rest period
Amod dom .....	stand at attention
Amod noach .....	stand at ease
P'turim .....	dismissed
Ram kol .....	loudspeaker system
Tiyul .....	hike
Machane chutz .....	overnight camping trip
Tzofiut .....	scouting
Sheket .....	silence
Aruchat boker .....	breakfast
Aruchat tzahorayim .....	lunch

Aruchat erev .....	dinner
Kibui orot .....	lights out
Kimah .....	wake-up
Tefillah .....	davening (prayers)
Matnas .....	recreation centre
Agam .....	waterfront
Afiah.....	baking
Teva.....	nature program
Malechet Yad.....	arts and crafts
Breicha .....	pool
Tzevet Bachir .....	upper staff

APPENDIX E

Important Date Summer 2019

Tuesday, July 2 -Luggage pick-up in Toronto and Montreal

Wednesday, July 3 - First Day of Camp

Sunday, July 14 - Visiting Day - 12:30pm - 4:30pm (city time) / deadline to add on 2 more weeks if space is available in the cabin

Wednesday, July 17 - Two week session over

Wednesday, July 31 - four week session over

Sunday, August 11 - Tisha Ba'av

Tuesday, August 5 - August 8- Minimosh

Wednesday, August 14 - Last day of Camp

If you have any questions regarding any of the information contained in this handbook, please do not hesitate to call the camp office.

